CARE AND CLEANING INSTRUCTIONS

Stainless Steel Trachea and Laryngectomy Tube (Trach Tube)

Note: In addition to the method described below, an ultrasonic cleaner or autoclave may be used to clean trach tubes. You may also cold-soak trach tubes in a formic-acid-based germicidal solution that does not contain phenol; follow the manufacturer's recommendations for any of these methods.

MARNING: Clean trach tubes before first use, then daily. Remove from stoma before cleaning — DO NOT clean while in stoma.



- ▲ NOTICE: DO NOT soak in, wash with, or expose trach tubes to peroxide, enzymatic cleaners, or sodium hydroxide; these chemicals may cause damage to the tubes. DO NOT dry-heat sterilize trach tubes. DO NOT expose trach tubes to temperatures above 400°F (204.4°C).
- 1. Soak trach tube in mild solution (one tablespoon dish soap to one quart of tap water) of dish soap for one hour to dislodge mucus.
- 2. Use a clean, appropriately-sized trachea brush, bent to the curve of the trach tube, to clean the inside and outside of the outer cannula and the outside of the inner cannula. You may also use a clean, soft toothbrush to clean the outside and neck plate of the outer cannula.
- 3. Place both outer and inner cannulae in a pan of distilled water, bring to a boil, and boil for thirty minutes.
- 4. Carefully remove both cannulae from the water with a clean tool. Once cool enough to handle, wipe them dry with a clean, soft cloth.
- 5. Inspect the trach tube: ensure the components work and operate freely. Inspect the neck plate swiveling and locking mechanisms and all solder joints. If all components are in good condition, the trach tube is now ready for use.

Decannulation Stopper (Trach Plug)

- \triangle Clean stopper and attached string thoroughly before first use, then daily.
- ▲ NOTICE: DO NOT dry-heat sterilize or cold-soak sterilize any part of decannulation stopper.
- ▲ NOTICE: Handle the fragile decannulation stopper and string with care at all times.
- Before each use, carefully inspect both stopper and string for fraying or breakage, and string to ensure it is securely connected to stopper. If any damage is found, do not use, and replace it immediately.
- 2. Clean stopper and string with soapy water, rinse well with clear water, then either air dry or dry with a clean, soft, lint-free towel before insertion into the trach tube.



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